

## **ELIGIBILITY:**

- Students must have a 2.00 GPA the previous grading period in order to participate. The last grading period of the previous school year will be used to determine the GPA requirement for the first grading period.
  - The principal has the authority to withhold participation even if the student does meet the GPA requirement.
  - No student may participate in practices/games while in ISS/OSS or while assigned to an alternative school.
  - Any student ejected from a contest will be suspended from the next 2 contests of that sport. If that sport concludes before the 2 contest suspension has been served, the 2 contest suspension carries over to the next sport or into the next school year.
  - No student may participate after reaching his/her 16<sup>th</sup> birthday.
  - Students only have the opportunity to participate once in each grade level. A student retained is not eligible that second year of the same grade level.
  - A completed Athletic Participation and Preparation Physical form must be on file in the before the student may practice or play. This form is required each year.
  - Any Home School, Charter or Choice school student wishing to play for their zoned school must notify the school in writing their intent to try out before the first day of the season. Students must show proof of residency before trying out.
  - All public school students are covered by the School District “secondary” insurance policy.
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## **INDIVIDUAL SPORTS RULES**

### **GIRLS BASKETBALL (1<sup>st</sup> Quarter):**

- Played during the 1st grading period.
- First Contest: Day 12 of the grading period.
- Maximum # of contests – 6
- JV team (6/7 graders only); Varsity team (any grade level)
- Games start at 6 pm (if only 1 game- still starts at 6 pm)
- JV game – 8 minute running clock per quarter
- Varsity game – 10 minute running clock per quarter
- Last minute of each half clock will start/stop as in a regular game
- Game ends if team is ahead by 35 points
- All other basketball rules are in effect

### **GIRLS AND BOYS CROSS COUNTRY (1<sup>st</sup> Quarter):**

- Matches occur during the 1<sup>st</sup> grading period.
- First Contest day on or after day 16 of the grading period.
- Maximum number of meets – 6
- Meets start at 6pm or later.
- All other Cross Country rules are in effect.

### **BOYS BASKETBALL (2<sup>nd</sup> Quarter):**

- Played during the 2nd grading period.
- First Contest: Day 12 of the grading period.
- Maximum # of contests – 6
- JV team (6/7 graders only); varsity team (any grade level)
- Games start at 6 pm (if only 1 game-still starts at 6 pm)
- JV games – 8 minute running clock per quarter
- Varsity games – 10 minute running clock per quarter
- Last minute of each half clock will start/stop like a regular game.
- Game end if team is ahead by 35 points
- All other basketball rules are in effect

### **GIRLS VOLLEYBALL (2<sup>nd</sup> Quarter):**

- Played during the 2nd grading period.
- First Contest: Day 12 of the grading period.
- Maximum # of contests – 6
- Games start at 6 pm (if only 1 game-still starts at 6 pm)
- Best 2 out of 3; rallying scoring: 21-21-15
- JV team (6/7 graders only); Varsity team (any grade level)
- Warmups: 5 minutes each team on the court; 2 minutes serving with both teams on the court at the same time.
- Coach/Officials conference at 20 minutes before game time.
- No balls in the gym once the game starts.
- 2 timeouts allowed per game.
- 3 minute break between games.
- All other volleyball rules are in effect.
- No jewelry of any kind permitted.
- Schools must provide ADULT line judges.

### **BOYS/GIRLS SOCCER (3<sup>rd</sup> Quarter):**

- Played during the 3<sup>rd</sup> grading period.
- First Contest: Day 12 of the grading period.
- Maximum # of contests – 6
- Both boys and girls teams may field a JV and a Varsity team.
- JV team (6/7 graders only); varsity team (any grade level)
- JV Boys/Varsity Boys will play on one night; JV Girls/Varsity Girls will play on another night.
- Games start at 6 pm (if only 1 game-still starts at 6 pm)
- JV games played in 25 minute halves with 5 minute break between halves.
- Varsity games played in 30 minute halves with 5 minute break between halves.
- All other soccer rules are in effect

**GIRLS/BOYS TRACK (4<sup>th</sup> Quarter):**

- Played during the 4th grading period.
- First Track Meet: Day 12 of the grading period.
- Maximum # of meets- 4 plus county invitational.
- Individual Meets – maximum of 3 schools per site.
- Schools may enter 3 participants per event, one participant must be a 6<sup>th</sup> grader; only 1 relay team (no restriction on grade level).
- Individual student may enter a maximum of 3 events (includes the relays)
- List of events: 100 dash; 200 dash; 400 run; 800 run; 1600 run; 4 X 100 relay; 4 X 400 relay; sprint medley relay; shot put; long jump,

**GIRLS/BOYS TENNIS (4<sup>th</sup> Quarter):**

- Played during the 4th grading period.
- Maximum # of matches – 6
- Team consists of 6 boys and 6 girls
- Two boys double teams; two girls doubles teams and two mixed doubles teams.
- No player can play in more than one match
- All matches will be Pro Set to 8. Tie breaker will be played at 7 to 7.
- All games will be a no-add scoring
- All games won will count toward determining the winning team.

**GIRLS/BOYS GOLF (4<sup>th</sup> Quarter):**

- Played during the 4<sup>th</sup> grading period.
- Maximum # of matches – 6 plus county invitational
- Each team comprised of 6 players; best 4 scores count toward determining team winner.
- Maximum 3 teams at each site.
- Teams use the Circle 8 scoring system
- Teams play 5 holes unless playing at a Par 3 course when 9 holes will be played.
- County Invitational is 9 holes.

