

Physical & Health Education - Year One

AL	Physical & Health Ed: Criterion A: Knowing and Understanding
0	The student does not reach a standard described by any of the descriptors below.
1 - 2	<ul style="list-style-type: none"> i. Recalls some physical health education factual, procedural conceptual knowledge ii. Identifies physical and health education knowledge to outline issues iii. Recalls physical and health terminology
3 - 4	<ul style="list-style-type: none"> i. Recalls physical health education factual, procedural and conceptual knowledge ii. Identifies physical and health education knowledge to outline issues and suggest solutions to problems set in familiar situations iii. Applies physical and health terminology to communicate understanding with limited success
5 - 6	<ul style="list-style-type: none"> i. States physical health education factual, procedural and conceptual knowledge ii. Identifies physical and health education knowledge to outline issues and solve problems set in familiar situations iii. Applies physical and health terminology to communicate understanding
7 - 8	<ul style="list-style-type: none"> i. Outlines physical health and education factual, procedural and conceptual knowledge ii. Identifies physical and health education knowledge to describe issues and solve problems set in familiar and unfamiliar situations iii. Applies physical and health terminology consistently to communicate understanding

AL	Physical & Health Ed: Criterion B Planning for Performance
0	The student does not reach a standard described by any of the descriptors below.
1 - 2	<ul style="list-style-type: none"> i. States a goal to enhance performance ii. States a plan for improving physical activity and health.
3 - 4	<ul style="list-style-type: none"> i. Defines a goal to enhance performance ii. Outlines a basic plan for improving physical activity and health
5 - 6	<ul style="list-style-type: none"> i. Lists goals to enhance performance ii. Outlines a plan for improving physical activity and health
7 - 8	<ul style="list-style-type: none"> i. Identifies goals to enhance performance ii. Constructs a plan for improving physical activity and health

AL	Physical & Health Ed: Criterion C: Applying and Performing
0	The student does not reach a standard described by any of the descriptors below.
1 - 2	<ul style="list-style-type: none"> i. Recalls some skills and techniques ii. Recalls some strategies and movement concepts iii. Applies information to perform with limited success
3 - 4	<ul style="list-style-type: none"> i. Recalls some skills and techniques ii. Recalls some strategies and movement concepts iii. Recalls some information to perform
5 - 6	<ul style="list-style-type: none"> i. Recalls and applies some skills and techniques ii. Recalls and applies some strategies and movement concepts iii. Recalls and applies some information to perform effectively
7 - 8	<ul style="list-style-type: none"> i. Recalls and applies a range of skills and techniques ii. Recalls and applies a range of strategies and movement concepts iii. Recalls and applies information to perform effectively

AL	Physical & Health Ed: Criterion D: Reflecting and improving performance
0	The student does not reach a standard described by any of the descriptors below.
1 - 2	<ul style="list-style-type: none"> i. Identifies a strategy to enhance interpersonal skills ii. Identifies the effectiveness of a plan iii. Outlines performance
3 - 4	<ul style="list-style-type: none"> i. Identifies strategies to enhance interpersonal skills ii. States the effectiveness of a plan iii. describes performance
5 - 6	<ul style="list-style-type: none"> i. Identifies and sometimes demonstrates strategies to enhance interpersonal skills ii. Describes the effectiveness of a plan iii. Outlines and summarizes performance
7 - 8	<ul style="list-style-type: none"> i. Identifies and demonstrates strategies to enhance interpersonal skills ii. Describes the effectiveness of a plan based on the outcome iii. Describes and summarizes performance

Physical & Health Education - Year One