

## Physical & Health Education – Years Two and Three

<b>AL</b>	<b>Physical &amp; Health Ed: Criterion A: Knowing and Understanding</b>
	The student does not reach a standard described by any of the descriptors below.
1 - 2	<ul style="list-style-type: none"> <li>i. <b>Recalls</b> physical health education factual, procedural conceptual knowledge</li> <li>ii. <b>Identifies</b> physical and health education knowledge to <b>outline</b> issues and suggest solutions to problems set in familiar situations</li> <li>iii. <b>Applies</b> physical and health terminology to communicate understanding with limited success</li> </ul>
3 - 4	<ul style="list-style-type: none"> <li>i. <b>States</b> physical health education factual, procedural and conceptual knowledge</li> <li>ii. <b>Identifies</b> physical and health education knowledge to <b>describe</b> issues and <b>solve</b> problems set in familiar situations</li> <li>iii. <b>Applies</b> physical and health terminology to communicate understanding</li> </ul>
5 - 6	<ul style="list-style-type: none"> <li>i. <b>Outlines</b> physical health education factual, procedural and conceptual knowledge</li> <li>ii. <b>Applies</b> physical and health education knowledge to <b>describe</b> issues to solve problems set in familiar situations and suggest solutions to problems set in unfamiliar situations</li> <li>iii. <b>Applies</b> physical and health terminology consistently to communicate understanding</li> </ul>
7 - 8	<ul style="list-style-type: none"> <li>i. <b>Describes</b> physical health and education factual, procedural and conceptual knowledge</li> <li>ii. <b>Applies</b> physical and health education knowledge to <b>explain</b> issues to <b>solve</b> problems set in familiar and unfamiliar situations</li> <li>iii. <b>Applies</b> physical and health terminology consistently and effectively to communicate understanding</li> </ul>

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<b>AL</b>	<b>Physical &amp; Health Ed: Criterion B Planning for Performance</b>
	<ul style="list-style-type: none"> <li>i. Outline goals to enhance performance</li> <li>ii. Design and explain a plan for improving physical performance and health</li> </ul>
0	The student does not reach a standard described by any of the descriptors below.
1 - 2	<ul style="list-style-type: none"> <li>i. <b>States</b> a goal to enhance performance</li> <li>ii. <b>Outlines</b> a limited plan for improving physical performance and health</li> </ul>
3 - 4	<ul style="list-style-type: none"> <li>i. <b>Lists</b> goals to enhance performance</li> <li>ii. <b>Outlines</b> a plan for improving physical performance and health</li> </ul>
5 - 6	<ul style="list-style-type: none"> <li>i. <b>Identifies</b> goals to enhance performance</li> <li>ii. <b>Designs</b> a plan for improving physical performance and health</li> </ul>
7 - 8	<ul style="list-style-type: none"> <li>i. <b>Outlines</b> goals to enhance performance</li> <li>ii. <b>Designs and Explains</b> a plan for improving physical performance and health</li> </ul>

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AL	<b>Physical &amp; Health Ed: Criterion C: Applying and Performing</b>
0	The student does not reach a standard described by any of the descriptors below.
1 - 2	<ul style="list-style-type: none"> <li>i. <b>Recalls</b> and <b>applies</b> skills and techniques with limited success</li> <li>ii. <b>Recalls</b> and <b>applies</b> strategies and movement concepts with limited success</li> <li>iii. <b>Recalls</b> and <b>Applies</b> information to perform</li> </ul>
3 - 4	<ul style="list-style-type: none"> <li>i. <b>Demonstrates</b> and <b>applies</b> skills and techniques with limited success</li> <li>ii. <b>Demonstrates</b> and <b>applies</b> strategies and movement concepts with <b>limited success</b></li> <li>iii. <b>Identifies</b> and <b>applies</b> information to perform <b>effectively</b></li> </ul>
5 - 6	<ul style="list-style-type: none"> <li>i. <b>Demonstrates</b> and <b>applies</b> skills and techniques</li> <li>ii. <b>Demonstrates</b> and <b>applies</b> strategies and movement concepts</li> <li>iii. <b>Identifies</b> and <b>applies</b> information to perform <b>effectively</b></li> </ul>
7 - 8	<ul style="list-style-type: none"> <li>i. <b>Demonstrates</b> and <b>applies</b> a range of skills and techniques</li> <li>ii. <b>Demonstrates</b> and <b>applies</b> a range of strategies and movement concepts</li> <li>iii. <b>Outlines</b> and <b>applies</b> information to perform <b>effectively</b></li> </ul>

AL	<b>Physical &amp; Health Ed: Criterion D: Reflecting and improving performance</b>
	<ul style="list-style-type: none"> <li>i. Describe and demonstrate strategies to enhance interpersonal skills</li> <li>ii. Explain the effectiveness of a plan based on the outcome</li> </ul>
0	The student does not reach a standard described by any of the descriptors below.
1 - 2	<ul style="list-style-type: none"> <li>i. <b>Identifies</b> strategies that enhance interpersonal skills</li> <li>ii. <b>States</b> the effectiveness of a plan</li> <li>iii. <b>Outlines</b> performance</li> </ul>
3 - 4	<ul style="list-style-type: none"> <li>i. <b>Identifies</b> and <b>demonstrates</b> strategies to enhance interpersonal skills</li> <li>ii. <b>States</b> the effectiveness of a plan based on the outcome</li> <li>iii. <b>Outlines</b> and <b>summarizes</b> performance</li> </ul>
5 - 6	<ul style="list-style-type: none"> <li>i. <b>Outlines</b> and <b>demonstrates</b> strategies to enhance interpersonal skills</li> <li>ii. <b>Describes</b> the effectiveness of a plan based on the outcome</li> <li>iii. <b>Explains</b> and <b>evaluates</b> performance</li> </ul>
7 - 8	<ul style="list-style-type: none"> <li>i. <b>Describes</b> and <b>demonstrates</b> strategies that enhance interpersonal skills</li> <li>ii. <b>Explains</b> the effectiveness of a plan based on the outcome</li> <li>iii. <b>Explains</b> and <b>evaluates</b> performance</li> </ul>